



U13 - U-19 GIRLS & BOYS **Pre - Season Camp**



Mon., July 26th ending Sat., August 7th

COST : \$99.00

Location: Titan Sports Complex

Times...7:00 a.m. to 8:15 a.m. and 8:15 a.m. to 9:30 a.m.

[REGISTER HERE!](#)

****Parents log in to their TGS account and select "Public Programs" and then select "Tulsa SC Preseason Camp"***

- 8 to 10 additional sessions on top of the teams regular 3 evening sessions
 - Fitness evaluation (Beep test)
 - Implementing Style of Play
 - Game Day Warm-up Introduced
 - Ball Mastery
 - Positional Training
 - Execution of TGS College Recruiting Center (App)
 - Our own Sports Performance Trainer
 - Top Platform
 - Proven Pathway for Individual Player

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TulsaSC.com